



Summer Stillness A Day Retreat with Brian Draper

at THE WIGWAM RETREAT CENTRE RIDDLESWORTH, NORFOLK IP22 2SZ Wednesday 18 July 2018

www.briandraper.org

Wednesday 18 July, 10.00am to 4.00pm

Cost: £35 (concessions available to those on a low income)



The Unforced Rhythms of Grace

"Are you tired? Worn out? ... Learn the unforced rhythms of grace." Matthew 11 (the Message)

Summer is the perfect time to give yourself permission to pause, and to settle in to some true stillness. So why not join us for a gentle but purposeful day retreat at Riddlesworth, where you can do just that? Once again, we'll be in the company of Brian Draper, who will lead us with an evocative blend of guided reflection and time for personal space and silence. We will also walk the grass labyrinth together, which is always a compelling experience.

So kick off your shoes and come prepared to reconnect with some of the 'unforced rhythms of grace'!

Wigwam Retreat Centre, Riddlesworth, Norfolk IP22 2SZ Tel 01953 681 741

Personal Wholeness Trust

10 The Broadway Woodford Green Essex IG8 0HL

Tel. (020) 8491 0222 Email: pwtcfl@aol.com www.wigwamretreats.co.uk

Providing professional counselling services and spiritual direction

Director: Rev DJ Blackledge Charity registered in England No. 1000837 Brian says, "We've had some really significant times at the Wigwam Centre in recent years. The labyrinth is one of the loveliest I've ever walked, and there's enough space in the day, and within the grounds, to recover our poise, to remember what matters most, and to find deeper communion with God. It always does my soul good to come to Riddlesworth, and I'm sure you'll feel the same!"

So we do hope you will be able to join us for a break from the busyness, to treat yourself to a languorous time of soulful exploration and restoration.

To make a booking please either complete the attached booking form, contact Les Crossland at pwtcfl@aol.com or telephone 0208 491 0222.

Helping to promote wholeness within the community

www.wigwamretreats.co.uk



BOOKING FORM

Summer Stillness

A Day Retreat with Brian Draper at THE WIGWAM RETREAT CENTRE. RIDDLESWORTH, NORFOLK IP22 2SZ Tel 01953 681 741

(FOR USE ON RETREAT DAY ONLY)

with BRIAN DRAPER

Wednesday 18 July 2018, 10.00am to 4.00pm Cost £35 (concessions available to those on a low income) includes teas, coffees, light lunch



NAME
ADDRESS
HOME PHONE NO.
MOBILE PHONE NO.
EMAIL
Please state any special dietary needs here:
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I enclose my contribution of £35.00 for the day

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> For further information please email Les at pwtcfl@aol.com or call 0208 491 0222

Please make cheques payable to the Personal Wholeness Trust

and send with your booking form to:

Les Crossland

10 The Broadway

Woodford Green

Essex IG8 OHL

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