



Autumn Silence

A Day Retreat with Brian Draper

at THE WIGWAM RETREAT CENTRE
RIDDLESWORTH, NORFOLK IP22 2SZ
Tuesday 4 October 2016

www.briandraper.org

Tuesday 4 October, 10.00am to 4.00pm
Cost: £28 (includes teas, coffees, light lunch)

Guided by Brian Draper

Brian has led a number of very successful retreats for us using our open-air labyrinth, and we look forward to welcoming him back to the Wigwam again.

He writes, "I'm excited to be returning to the delightful Wigwam centre, and to walk its wonderful labyrinth once more! This retreat day will focus in particular on the themes of Autumn – with its mists and mellow fruitfulness! We'll use for inspiration the great outdoors itself as we explore what this rich and beautiful season has to teach us."

Brian continues, "We use a rhythm of gently guided reflection throughout the day, combining individual time for space and rest with the opportunity to share wisdom between the group as a whole. It's a lovely setting, and we always seem to experience a sense of stillness and depth which is both restorative and re-invigorating."

Brian Draper is author of *Labyrinth: Illuminating the Inner Path*, as well as *Spiritual Intelligence: A New Way of Being, Less is More: Spirituality for Busy Lives* and (most recently) *What Matters Most?*. He has guided countless people around labyrinths, and was part of a team that helped to re-introduce labyrinths to mainstream Christian worship in the last few years. He is a writer, speaker and broadcaster, and often appears on BBC Radio 4's *Thought for the Day*. Brian is also an experienced retreat guide, and has led seasonal walking retreats – in Spring and Autumn – for several years in Hampshire.

To make a booking please either complete the attached booking form, contact Les Crossland at pwtfcl@aol.com or telephone 0208 491 0222.

www.wigwamretreats.co.uk



Wigwam Retreat Centre,
Riddlesworth,
Norfolk IP22 2SZ
Tel 01953 688 303
(for use on Retreat Day
only)

**Personal
Wholeness Trust**
10 The Broadway
Woodford Green
Essex IG8 0HL

Tel. (020) 8491 0222
Email: pwtfcl@aol.com
www.wigwamretreats.co.uk

Providing professional
counselling services
and spiritual direction

Director: Rev DJ Blackledge
Charity registered in England
No. 1000837

Helping to promote
wholeness within
the community



BOOKING FORM

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A Day Retreat with Brian Draper

at THE WIGWAM RETREAT CENTRE,
RIDDLESWORTH, NORFOLK IP22 2SZ

Tel 01953 688 303

(FOR USE ON RETREAT DAY ONLY)

with BRIAN DRAPER

Tuesday 4 October 2016, 10.00am to 4.00pm

Cost £28 (concessions available to those on a low income)

includes teas, coffees, light lunch

NAME

ADDRESS

CONTACT TEL

EMAIL

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I enclose my contribution of £28.00 for the day

**Please make cheques payable to the Personal Wholeness Trust
and send with your booking form to:**

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