



Spring Stillness

A Day Retreat for Rest and Renewal

(including Labyrinth) guided by Brian Draper

at THE WIGWAM RETREAT CENTRE
RIDDLESWORTH, NORFOLK IP22 2SZ

Wednesday 18 April 2018

www.briandraper.org

Wednesday 18 April, 10.00am to 4.00pm

Cost: £28 (concessions available to those on a low income)

Guided by Brian Draper

Brian has led a number of very successful retreats for us using our open-air labyrinth, and we look forward to welcoming him back to the Wigwam Retreat Centre again.

He writes, "I'm delighted to be returning to the Wigwam Centre, and to walk its wonderful grass labyrinth again! Spring is such an evocative, hopeful season, and this retreat day will provide a gentle but purposeful context in which to find space for to appreciate the season, and to draw from its themes of renewal and restoration."

He continues, "I love the sense of shared wisdom we discover on days like these – between people of different backgrounds and at different stages of their life's journey. And it's always wonderful to see people settle purposefully into safe, meaningful space, and to catch their breath, and to begin to unfurl ..."

Brian Draper is author of *Labyrinth: Illuminating the Inner Path*, as well as *Soulfulness: Deepening the Mindful Life*, *Less is More: Spirituality for Busy Lives* and *Spiritual Intelligence: A New Way of Being*. He has guided countless people around labyrinths, and was part of a team that helped to re-introduce labyrinths to mainstream Christian worship in the UK. He is a writer, speaker and broadcaster, and often appears on BBC Radio 4's *Thought for the Day*. Brian is also an experienced retreat guide, and has led Spring walking retreats for the last four years in Hampshire.

To make a booking please either complete the attached booking form, contact Les Crossland at pwtcfl@aol.com or telephone 0208 491 0222.

www.wigwamretreats.co.uk



Wigwam Retreat Centre,
Riddlesworth,
Norfolk IP22 2SZ
Tel 01953 681 741

Personal
Wholeness Trust
10 The Broadway
Woodford Green
Essex IG8 0HL

Tel. (020) 8491 0222
Email: pwtcfl@aol.com
www.wigwamretreats.co.uk

Providing professional
counselling services
and spiritual direction

Director: Rev DJ Blackledge
Charity registered in England
No. 1000837

Helping to promote
wholeness within
the community



BOOKING FORM

Spring Stillness
A Day Retreat with Brian Draper

**at THE WIGWAM RETREAT CENTRE,
RIDDLESWORTH, NORFOLK IP22 2SZ**

Tel 01953 681 741

(FOR USE ON RETREAT DAY ONLY)

with BRIAN DRAPER

Wednesday 18 April 2018, 10.00am to 4.00pm

Cost £28 (concessions available to those on a low income)

includes teas, coffees, light lunch

NAME

ADDRESS

HOME PHONE NO.

MOBILE PHONE NO.

EMAIL

Please state any special dietary needs here:

I enclose my contribution of £28.00 for the day

**Please make cheques payable to the Personal Wholeness Trust
and send with your booking form to:**

**Les Crossland
10 The Broadway
Woodford Green
Essex IG8 0HL**

**For further information please email Les at pwtcfl@aol.com
or call 0208 491 0222**

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