



Winter Silence A Day Retreat with Brian Draper

at THE WIGWAM RETREAT CENTRE RIDDLESWORTH, NORFOLK IP22 2SZ **Tuesday 24 January 2017**

www.briandraper.org

Tuesday 24 January 2017, 10.00am to 4.00pm Cost: £28 (includes teas, coffees, light lunch)

Guided by Brian Draper

Brian has led a number of very successful retreats for us using our open-air labyrinth, and we look forward to welcoming him back to the Wigwam again.

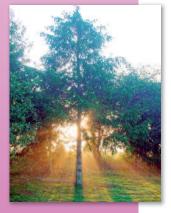
He writes, "I love coming to the delightful Wigwam centre, to lead retreats and to walk its wonderful labyrinth! This retreat day will help us to embrace winter and to explore its themes – while also kindling some spiritual warmth for the soul and giving us heart for the days ahead!"

Brian continues, "We use a rhythm of gently guided reflection throughout the day, combining individual time for space and rest with the opportunity to share wisdom between the group as a whole. It's a lovely setting, and we always seem to experience a sense of stillness and depth which is both restorative and re-invigorating."

Brian Draper is author of Labyrinth: *Illuminating the Inner Path*, as well as *Spiritual Intelligence: A New Way of Being, Less is More: Spirituality for Busy Lives* and (most recently) *What Matters Most?*. He has guided countless people around labyrinths, and was part of a team that helped to re-introduce labyrinths to mainstream Christian worship in the last few years. He is a writer, speaker and broadcaster, and often appears on BBC Radio 4's *Thought for the Day*. Brian is also an experienced retreat guide, and has led seasonal walking retreats – in Spring and Autumn – for several years in Hampshire.

To make a booking please either complete the attached booking form, contact Les Crossland at pwtcfl@aol.com or telephone 0208 491 0222.

www.wigwamretreats.co.uk



Wigwam Retreat Centre, Riddlesworth, Norfolk IP22 2SZ Tel 01953 688 303 (for use on Retreat Day only)

Personal Wholeness Trust 10 The Broadway Woodford Green Essex IG8 0HL

Tel. (020) 8491 0222 Email: pwtcfl@aol.com www.wigwamretreats.co.uk

Providing professional counselling services and spiritual direction Director: Rev D J Blackledge Charity registered in England No. 1000837

Helping to promote wholeness within the community



BOOKING FORM

Winter Silence A Day Retreat with Brian Draper at THE WIGWAM RETREAT CENTRE, RIDDLESWORTH, NORFOLK IP22 2SZ Tel 01953 688 303

(FOR USE ON RETREAT DAY ONLY)

with BRIAN DRAPER

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NAME	
ADDRESS	
HOME PHONE NO.	
MOBILE PHONE NO.	
MOBILE PHONE NO.	

EMAIL

Please state any special dietary needs here:

I enclose my contribution of £28.00 for the day

Please make cheques payable to the Personal Wholeness Trust and send with your booking form to:

> Les Crossland 10 The Broadway Woodford Green Essex IG8 OHL

For further information please email Les at pwtcfl@aol.com or call 0208 491 0222

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