



# On Autumn's Holy Ground

**A SEASONAL  
RETREAT DAY  
(including  
the labyrinth)**



**Guided by Brian Draper**

[www.briandraper.org](http://www.briandraper.org)

**at THE WIGWAM RETREAT CENTRE, BOTHY 5  
RIDDLESWORTH, NORFOLK IP22 2SZ**

**Thursday 7 November 2024**

**10.00am to 4.00pm, Cost: £45**

**A**utumn is such a rich time of invitation and challenge! The colours and leaf-fall; the cold yet the cosiness; darker days lit with the crackle of fires; the fruitfulness and, yes, the letting go, the breaking open. So ripe for reflection. And when we embrace this season with love and courage, we can find we stand on holy, leaf-strewn ground.

So we're delighted to welcome back Brian Draper, who'll lead us in an indoor/outdoor retreat day graced with gentle prompts, inspiring reflections and space enough for us to breathe deep again the autumn air.

Brian says: "I love coming to Riddlesworth for these very special days of togetherness and connection. It's always so moving to walk the grass labyrinth here with others, and to find a flow of contemplative reflection and practice which helps us to step deeper in to where we find ourselves. Holy ground, indeed."

Brian is author of *Soulful Nature: A Spiritual Field Guide* - as well as *Soulfulness: Deepening the Mindful Life, Less is More: Spirituality for Busy Lives* and *Labyrinth: Illuminating the Inner Path*. He is a writer, speaker, broadcaster, and an experienced retreat guide, who especially loves to get outside with others to savour Creation!

**TO MAKE  
A BOOKING  
please complete  
the booking  
form overleaf  
and return  
it with your  
payment.**

Wigwam Retreat Centre,  
Riddlesworth,  
Norfolk IP22 2SZ  
Tel 01379 730 107

Personal  
Wholeness Trust  
10 Crescent Road  
South Woodford  
London E18 1JB

Tel. (020) 8504 1228  
Email: [pwtcf@aol.com](mailto:pwtcf@aol.com)  
[www.wigwamretreats.co.uk](http://www.wigwamretreats.co.uk)

Providing professional counselling  
services and spiritual direction

Director: Rev DJ Blackledge

Charity registered in England  
No. 1000837

Helping to promote  
wholeness within  
the community

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BOOKING FORM

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(including labyrinth) Guided by Brian Draper  
at **THE WIGWAM RETREAT CENTRE, BOTHY 5**  
**RIDDLESWORTH, NORFOLK IP22 2SZ**  
**Tel 01379 730 107**  
(FOR USE ON RETREAT DAY ONLY)

**Thursday 7 November 2024, 10.00am to 4.00pm**  
**Cost £45 per person**  
**Includes teas, coffees, light lunch**



NAME .....

ADDRESS .....

HOME PHONE NO. ....

MOBILE PHONE NO. ....

EMAIL .....

Please state any special dietary needs here:

• I enclose my contribution of £45.00 for the day  
Please make cheques payable to the Personal Wholeness Trust  
and send with your booking form to

Keren Payne  
10 Crescent Road  
South Woodford  
London E18 1JB

• To pay online please pay to

Account name Personal Wholeness Trust  
Sort code 20-52-74  
Account No 90714100

PLEASE USE REFERENCE: Retreat + Your Name

For further information please email Keren at [pwtcfl@aol.com](mailto:pwtcfl@aol.com)  
or call 020 8504 1228

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